



## **Catheterization Procedure Through Mitrofanoff**

1. Wash hands
2. Assemble supplies —baby wipe or wash cloth, catheter, water soluble lubricant, 60 ml catheter tip syringe, drainage container if not using toilet to drain into.
3. Clean inside belly button (mitrofanoff stoma) with a baby wipe or washcloth.
4. Apply lubricant to catheter if not using a pre-lubricated catheter.
5. Put drainage end of catheter into drainage container or over toilet.
6. Pass catheter through mitrofanoff you will know you are in the bladder when urine starts to drain.
7. Drain urine from bladder.
8. Pull catheter out of mitrofanoff with a twisting motion, stopping if urine starts to drain.

### **Tips and Tricks:**

1. If minimal urine out with catheterization or bladder still feels full after catheterization, connect empty 60ml syringe to end of catheter and aspirate (pull back on plunger) bladder contents until empty.
2. If difficult to pass a catheter through the mitrofanoff stoma, place “L” stent in stoma between catheterizations or at a minimum overnight. If area of cathing difficulty is further in the mitrofanoff, a Foley catheter may need to be placed for 5-7 days. Call our office for instructions.
3. If your child develops symptoms of a bladder infection; cloudy or foul smelling urine, urinary leakage in between catheterizations, call our office for bladder irrigation instructions. If fever is associated with these symptoms, call your child’s primary care physician, a urine analysis and culture may be needed.

### **Questions?**

This information is not specific to your child but provides general information. If you have any questions, please call our clinic at 612-813-8000.