



Pediatric Surgical Associates, Ltd.

Patient and Family Education

Bladder Relaxation Medications

Your child has been prescribed an anti-cholinergic medication to help relax the bladder muscle and decrease bladder spasms and the frequent urge to urinate.

This medication most commonly is used for children who demonstrate symptoms of uninhibited bladder contractions (also known as bladder instability).

You will find listed below some of the common types of these medications. Some medications are 24 hour release and are given just once a day. The other medications are immediate release and are given 2-4 times a day depending on the medication.

It is important to follow the directions on your child's bottle. Sometimes one medication works better for a particular patient than the other. Therefore, we may have to try different medications to achieve the best result for your child.

The following medications are dosed according to the child's weight, the tolerance to the medication, if they can swallow pills, and which medications are covered by your insurance's medication formulary.

Ditropan	(oxybutynin)
Levsin/Levbid	(hyoscyamine)
Detrol LA	(tolterodine)
Ditropan XL	(oxybutynin ER)
Gelnique	
Oxytrol	
Vesicare	(solifenacin)
Enablex	(darifenacin)
Sanctura	(trospium)
Myrbetriq	(mirabegron)

Possible side effects

- Constipation
- Dilated pupils
- Nausea
- Dry mouth
- Headache
- Flushed Face
- Blurred Vision
- Drowsiness
- Rash
- Vomiting
- Fast Heart Rate

Who should *NOT* take this medication

Patients should not take these types of medications if they have gastrointestinal obstruction, urinary obstruction, ulcerative colitis, glaucoma, myasthenia gravis, or an allergy to the drug.

Please call our office at 612-813-8000 if you have questions or concerns.

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