



Pediatric Surgical Associates, Ltd.

Patient and Family Education

## Glycerin Irrigation Instructions

Glycerin is being added to your child's ACE/CHAIT irrigation to help aid in more effective and timely evacuation of stool. The goal is to instill a smaller amount of fluid to achieve more effective bowel management.

### Supplies

- *Glycerin*: Glycerin is an over the counter product, some pharmacies may need to order it. It typically comes in a 16 fluid ounce bottle. The active ingredient is Glycerin 99.5% Anhydrous (skin protectant).
- *Normal Saline*
- *Cathing/Irrigation supplies*

\*Results should take 30-45 minutes.

### Procedure

- Start with 5 ml of Glycerin mixed with 30 ml of Normal Saline (NS), flush into ACE/CHAIT site
- 5-10 min later flush with 60-90 cc of Normal Saline.
- Titrate amount of Glycerin that will achieve good results of stool in a timely manner. (30-60 min)
- May increase by 5ml of Glycerin to a max of 15 ml (keeping Normal Saline amount the same)