



Pediatric Surgical Associates, Ltd.

Patient and Family Education

Cystoscopy/Urethral Dilation: Pre-Operative Information

Your child will soon be coming to the hospital for a cystoscopy and/or a urethral dilation. This procedure uses a cystoscope to look into the inside of the bladder and the urethra (the tube that leads from the bladder to the outside). Your child may also be scheduled for a dilation. This procedure increases the size of the urethra in the area that is too small or narrow.

To assure that your child does not have a urinary tract infection before the procedure, your child must have a urine culture done at your local doctor about 7-10 days prior to coming to the hospital. If there is an infection, there will be adequate time to treat it. All results must be faxed to us at 612-813-5988. If no culture is performed your surgery may be cancelled.

The procedure will take about an hour and then your child will be brought to the recovery room. During this time you will be asked to wait in the family waiting room. When your child is fully awake you will be notified. Together you will be brought to the post op area of the short stay unit. You will be able to take your child home in about an hour after any pain is well controlled.

Your child may experience some discomfort during urination and you may notice some blood. Have your child drink plenty of fluids. This will dilute the urine and make it less irritating to the urethra during urination. Warm baths and pain medication will also help. Your child may be sent home with antibiotics.

Problems rarely occur after this procedure. However, it is important to watch for and report the following signs to the doctor:

- large amounts of bright red urine
- fever, chills
- continued or increased burning or frequency of urination
- low abdominal or flank pain

Please call us if you have further questions at 612-813-8000 or 1-800-992-6983.