



Catheterization Procedure Through a Ureterostomy

1. Wash hands
2. Assemble supplies needed—baby wipe or wash cloth, catheter (usually 8 french), K-Y jelly if not using a hydrophilic catheter
3. Clean stoma with a baby wipe or three corners of a wash cloth.
4. Apply K-Y jelly to catheter, or prepare hydrophilic catheter
5. Have diaper or container to drain urine into and position end of catheter for drainage
6. Gently pass catheter thru stoma noting how far the catheter is in when urine starts to drain. Using gentle pressure, and twisting of the catheter if helpful, continue advancing the catheter until resistance is met and the catheter will not advance any further. The goal is to reach the kidney but not cause pain or trauma. Never force the catheter past any resistance.
7. Allow all urine to drain.
8. Slowly remove catheter once there is no further drainage, stopping if urine starts to drain
9. Note urine amount and if it is clear or cloudy
10. Discard catheter and supplies. A new catheter should be used each time.